

ZGEEL 2daagse 26: Session: 1: COACH evaluation sheet for TEAM: LWB

Coachinfo: Warming up from: 07:10 untill 08:25. Teamleadmeeting @ 07:45 The listed starttimes are indicative!

Coaches: Mannaerts Hans HEADCOACH

Coaches: Verbeek Bram

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 3: 100M BUTTERFLY MEN 11+ Heat:5, starttime: 10:15

Heat: 5/18 Lane : 1 Athlete: HURKMANS CÉDRIC				Q-time: 01:24:09
PB (25m pool): 01:24.09 Nijlen 16/11/2025				PB (50m pool): 01:28.78 SB: 01:24.09 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		00:38.92		01:24.09
		00:38.92		00:45.17
				

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+ Heat:8, starttime: 10:20

Heat: 8/18 Lane : 6 Athlete: JANSSEN LANDER				Q-time: 01:14:67
PB (25m pool): 01:16.38 De Sprink 22/12/2024				PB (50m pool): 01:14.67 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		00:35.16		01:16.38
		00:35.16		00:41.22
				

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ Heat:1, starttime: 10:45

Heat: 1/42 Lane : 3 Athlete: MANNAERTS ROSANNE				Q-time: 99:99:99
PB (25m pool): no time				PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		no time		no time
		no time		
				

Coach feedback:

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Event number: 4: 100M FREESTYLE WOMEN 11+					Heat:1, starttime: 10:45
Heat: 1/42 Lane : 4 Athlete: ABAS NOUR					Q-time: 99:99:99
PB (25m pool): 01:24.68 Bree 21/12/2025					PB (50m pool): no time SB: 01:24.68 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.33		01:24.68	
	00:39.33		00:45.35		
					

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 10:50
Heat: 3/42 Lane : 4 Athlete: VAN HAM MARIE					Q-time: 01:30:62
PB (25m pool): 01:30.62 Pelt 06/10/2024					PB (50m pool): 01:26.01 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:30.62	
	no time				
					

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+					Heat:18, starttime: 11:15
Heat: 18/42 Lane : 1 Athlete: CLUYSEN ZOë					Q-time: 01:09:84
PB (25m pool): 01:06.56 3500 Hasselt 30/04/2023					PB (50m pool): 01:07.85 SB: 01:12.24 Pelt 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:06.56	
	no time				
					

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+					Heat:2, starttime: 11:55
Heat: 2/28 Lane : 4 Athlete: HURKMANS CédRIC					Q-time: 99:99:99
PB (25m pool): 01:23.15 Bilzen 25/01/2026					PB (50m pool): no time SB: 01:23.15 Bilzen 25/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:23.15	
	no time				
					

Coach feedback:

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Event number: 5: 100M MEDLEY MEN 11+					Heat:17, starttime: 12:20
Heat: 17/28 Lane : 1 Athlete: JANSSEN LANDER					Q-time: 01:12:64
PB (25m pool): 01:11.68 Lommel 02/03/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.88		01:11.68	
	00:31.88		00:39.80		
					

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+					Heat:17, starttime: 12:20
Heat: 17/28 Lane : 2 Athlete: KAMAGATE TAMSI					Q-time: 01:12:00
PB (25m pool): 01:12.00 Lommel 02/03/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		01:12.00		01:12.00	
	01:12.00				
					

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+					Heat:21, starttime: 12:30
Heat: 21/28 Lane : 5 Athlete: MICHIELS PIETER					Q-time: 01:07:28
PB (25m pool): 01:07.28 Bree 21/12/2025					PB (50m pool): no time SB: 01:07.28 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:07.28	
	no time				
					

Coach feedback: